



NICWA

National Indian Child Welfare Association
Protecting Our Children • Preserving Our Culture

Sample Working with Substance Abusing Families Agenda

Day One

8:30 a.m. Welcoming and introduction
Overview of training

Lesson 1: Issues in Substance Abuse

8:45 a.m. History, prevalence, and culture
Historic trauma and addiction
Relationship to child welfare
Impact on children
Roles of the tribal child welfare worker
Attitudes and implicit bias

10:15 a.m. Break

Lesson 2: Basics of Addiction and Recovery

10:30 a.m. Substance use continuum
Understanding addiction
Diversity of beliefs and approaches
Trauma and addiction
FASD and addiction
Co-occurring disorders
Options for treatment and recovery
Recovery timeline

12:00 p.m. Lunch (provided)

Lesson 3: Substance Abuse and Child Welfare

1:00 p.m. Percentage of cases
When is substance abuse a child welfare problem?
Laying the foundation
The tribal child welfare worker's roles

2:30 p.m. Break

Lesson 4: Identifying Alcohol and Drug Abuse

2:45 p.m. Definitions
Substances of choice
Behavioral and environmental signs
Adult indicators
Family indicators--roles and rules
Child indicators (behavioral)
4:30 p.m. Adjourn day one

Day Two:

8:30 a.m. Welcome and overview of day two

Part A: Opioid Affected Families

8:45 a.m. Facts and environment
Types and street names
Signs of use
Addiction/treatment
Risks to children
Community issues

10:15 a.m. Break

Part B: Meth Affected Families

10:30 a.m. Facts and environment
Types and street names
Signs of use
Addiction/treatment
Risks to children
Community issues

12:00 p.m. Lunch

Lesson 5: Mobilizing Treatment

1:00 p.m. Knowing the resources
Mobilizing the family
Casework tips
Achieving a team approach
Additional resources

Secondary trauma
Intentional resilience
4:15 p.m. Evaluation
4:30: p.m. Adjourn

2:30 p.m. Break

Lesson 6: Supporting Treatment

2:45 p.m. Support roles of the child welfare
worker
Casework activities
Continuing assessment

4:30 p.m. Adjourn day two

Day Three:

8:30 a.m. Welcome and preview of day three

Lesson 7: Post Treatment Case work

8:45 a.m. Focus of casework
Supporting changes
Relapse planning

10:15 a.m. Break

Lesson 8: Assisting the Child

10:30 a.m. Needs and care
Support
Education

12:00 p.m. Lunch

Lesson 9: Service Coordination and Collaboration

1:00 p.m. Safety issues
Basing service coordination on a
holistic assessment
Developing a clear plan
Case management, care
coordination, and wraparound
System level issues

2:30 p.m. Break

Lesson 10: Healing the Healer

2:45 p.m. Relational worldview
Definitions of trauma