

# Positive Indian Parenting 4<sup>th</sup> Edition

*Positive Indian Parenting*, also known as PIP, is curriculum developed by the National Indian Child Welfare Association (NICWA) to prepare tribal and non-tribal child welfare personnel to train Native parents using a culturally specific approach.

This culturally based training manual provides instructional materials for eight sessions, each grounded in traditional Native teachings about child rearing. In addition to the subject matter content, it prepares trainers to organize, conduct, and evaluate training for Native parents. The manual includes background reading on traditional and modern parenting, lesson plans, handouts, and exercises all of which are designed and tested to accommodate Native learning preferences.

The 4<sup>th</sup> edition retains the original, timeless values and teachings. The language, examples, exercises, discussion questions, references, and background readings have all been updated. Here are the new chapters on instruction made in the 4<sup>th</sup> edition:

## ✓ In-Home Instruction

In addition to *Positive Indian Parenting* being taught in group settings, this edition includes in-home instruction materials, exercises, and discussion guides. “In home” is used to refer to a variety of instructional situations relevant to family services such as home visiting. Materials are provided for one-on-one instruction. “One-on-one” is used flexibly and might include a parent and trainer or it might include close relatives, friends, or elders for support. The curriculum allows tailoring the instruction to the family’s needs and preferences.

## ✓ Virtual Instruction

Virtual instruction has made it possible for *Positive Indian Parenting* to be provided to more people in need. Lessons are adapted to include virtual instruction materials, exercises, and discussion guides for both one-on-one and small group video conference sessions. The curriculum includes discussions on advantages and challenges on virtual instruction as well as tips on best practices for training the curriculum remotely.

## ✓ Local Adaptation and Fidelity

The updated curriculum includes strategies of local adaptation for tribal communities while keeping fidelity—staying true to the core teachings—to the curriculum. The curriculum facilitates local adaptation primarily through discussion questions and exercises that are designed to bring out local examples of the principles and values taught in *Positive Indian Parenting*.

## ✓ Evaluation

Evaluation of curricula like *Positive Indian Parenting* can take many forms. To help programs develop evaluation approaches for continuous quality improvement, to meet the requirements of funders, or to build an evidence base, the new edition of *Positive Indian Parenting* includes evaluation designs. The newly updated curriculum also includes pre/post self-assessment questions based on the learning objectives at the end of each lesson plan to help training programs improve their services to Native families.